

PLAYDOUGH - PARAOA POKE

Recipe

1 cup salt
2 cups flour
4 tsps cream of tartar
2 cups boiling water
2 tbsps cooking oil
Food colouring

- Place salt, cream of tartar, oil and food colouring in a bowl.
- Pour boiling water in and mix together.
- Add flour and stir until the mixture leaves the sides of the bowl.
- Tip out and knead (be careful it will be hot).
- Play dough will keep well in an airtight container.
- Double the recipe for playgroup.

Ideas to help with literacy and numeracy

- Provide recipe cards and books
- Talk with children about what they are doing
e.g shapes, colours, numbers
- Make the dough together - weighing,
measuring, counting, etc



- Play dough is ideal for all ages, young children feel safe and secure. There is no "right" way to play with it so is non threatening. It is a great way to settle children (and adults).
- Put the dough in the family area as children like to role play with it.
- Provide tools for cutting, shaping, rolling, cooking and measuring.
- Keep the area clean and tidy and make new dough regularly.

eResource provided by Jude Mitchell - Early Childhood Team Leader

REAP WAIRARAPA

Masterton
REAP House
340 Queen St, Masterton

Pahiatua
Heartlands Centre
11 Mangahau Rd, Pahiatua

Contact Details



PO Box 442
Masterton 5840



ecelider@reapwairarapa.nz



0800 WAI REAP

Early Childhood Staff

Jude Mitchell
• – EC Team Leader
Shirley Jones
• – Lifelong Learning Officer
Tracy Graham
• – Professional Support Officer