

| <b>June at Heartland Services Martinborough</b>                  |  |   |                                       |
|--|--|---|---------------------------------------|
| <b>Monday 1st June - Kings Birthday Heartlands Office Closed</b> |  |   |                                       |
| <b>Tuesday 2nd - Friday 6th June - Heartlands Office Closed</b>  |  |   |                                       |
| Monday 8th June  | <b>MSD Employment Case Manager</b>   | Drop in to ask any questions  | <i>Turn up on the day 2 - 3pm</i>     |
|  | <b>Building Financial Capabilities</b>   | Help with your finances   | <b>Bookings required</b>              |
|  | <b>IRD Mobile Clinic</b>   | Talk to the IRD team about your taxes   | <b>Bookings required</b>              |
|  | <b>Whānau Workshop - Raising Resilient Teenagers</b>                             | An incredible talk by the respected neuroscience educator. <b>Venue = Featherston School</b>  | <b>Bookings Required</b>              |
| Tuesday 9th June   | <b>Heartlands Office Closed</b>  |   |                                       |
| Wednesday 10th June  | <b>Whānau Workshop - Picky Eating</b>  | Tips and tricks from our local Health Improvement Practitioner                                | <i>Turn up on the day 10 - 11am</i>   |
|  | <b>Whānau Workshop - Grandparenting through Seperation</b>                       | Community Law is here to share some information   | <i>Turn up on the day 12 - 1pm</i>    |
| Thursday 11th June   | <b>Digital Seniors</b>   | Free digital help   | <i>Bookings appreciated 9.30 - 11</i> |
| Friday 12th June   | <b>Age Concern Drop In</b>   | See Jacqs every Fri   | <i>Turn up on the day 10am - 1pm</i>  |
|  | <b>Whānau Workshop - Potty Training</b>  | The Whai Ora nurses are here to share some wisdom!  | <i>Turn up on the day 12 - 1pm</i>    |
| Monday 15th June   | <b>Building Financial Capabilities</b>   | Help with your finances   | <b>Bookings required</b>              |
|  | <b>MSD Employment Case Manager</b>   | Drop in to ask any questions  | <i>Turn up on the day 2 - 3pm</i>     |
| Tuesday 16th June  | <b>Whānau Workshop - Gender Inclusive Parenting</b>                              | Join InsideOut for this season supporting rainbow youth.                                      | <i>Turn up on the day - 1.30pm</i>    |
| Wednesday 17th June  | <b>Whānau Workshop - New Parents Morning Tea</b>                                 | Join Julie and others for a social morning tea with other new families                        | <i>Turn up on the day 10am</i>        |
|  | <b>Whānau Workshop - Transitioning from ECE to School with Autism NZ and MoE</b> | How to support our autistic tamariki with the move to school                                  | <i>Turn up on the day 1.30pm</i>      |
|  | <b>Hospice Wairarapa Drop In</b>   | Call in and talk to Hazel   | <i>Turn up on the day 11am</i>        |
| Thursday 18th June   | <b>Whānau Workshop - Developing Oral Language</b>                                | Bring your preschooler along and pick up some tips to help them develop their language skills | <i>Turn up on the day 1.30pm</i>      |
|  | <b>Digital Seniors</b>   | Free digital help   | <i>Bookings appreciated 9.30 - 11</i> |
|  | <b>MSD Super Annuation Team Clinic</b>   | Advice from the MSD team  | <b>Bookings required</b>              |
| Friday 19th June   | <b>Age Concern Drop In</b>   | See Jacqs every Fri   | <i>Turn up on the day 10am - 1pm</i>  |
|  | <b>Cushla Tangaere-Manuel MP Constituency Clinic</b>                             | Come and talk to your local Māori electorate MPs office about any concerns you have           | <i>12 - 1pm</i>                       |
| Monday 22nd June   | <b>Building Financial Capabilities</b>   | Help with your finances   | <b>Bookings required</b>              |
|  | <b>MSD Employment Case Manager</b>   | Drop in to ask any questions  | <i>Turn up on the day 2 - 3pm</i>     |
| Tuesday 23rd June  | <b>Age Concern Driving Refresher Course</b>                                      | Free classroom based course.  | <b>Bookings required</b>              |
| Wednesday 24th June  | <b>Preschoolers Bookswap and Story Time - Whānau Workshop</b>                    | Bring your kid and a book to swap!  | <i>Turn up on the day 10am</i>        |
| Thursday 25th June   | <b>Digital Seniors</b>   | Free digital help   | <i>Bookings appreciated 9.30 - 11</i> |
|  | <b>Whānau Workshop - Toddler Behaviour</b>                                       | Tips and tricks from our local Health Improvement Practitioner                                | <i>Turn up on the day 10am</i>        |
|  | <b>Whai Ora - Whānau Wellness</b>  | The Whai Ora nurses will be here to talk health and immunisations                             | <i>Turn up on the day 10am - 11am</i> |
| Friday 26th June   | <b>Age Concern Drop In</b>   | See Jacqs every Fri   | <i>Turn up on the day</i>             |
|  | <b>Knit and Natter Craft Group</b>   | Free social crafting group  | <i>Turn up on the day 1 - 3pm</i>     |
| Monday 29th June   | <b>Building Financial Capabilities</b>   | Help with your finances   | <b>Bookings required</b>              |
|  | <b>MSD Employment Case Manager</b>   | Drop in to ask any questions  | <i>Turn up on the day 2 - 3pm</i>     |

*If bookings are required, talk to the Heartlands team: 06 657 0172 or email [heartlandservices@reapwairarapa.nz](mailto:heartlandservices@reapwairarapa.nz)*